Australia

Peninsula Hot Springs
Victorian Hot Springs
Australian Hot Springs
North America – Canada

Middle East – Turkey
3. History: Recorded History of Hot Spring Resources

Hot springs out of the dew point

- 500 (5th century)
- 972 (1692)
- 500 (1926)
- 2600 (1939)
- 8159 (1982)
- 6000 (2001)
- 5000 (2012)

Industry experts estimate
Japanese Hot Springs – Sustainable Legacy

The world's longest-standing hot spring inn
“We are all water babies”

“We should be everyone’s concern. Without water we all die. All life dies. Water is precious. We need to give thanks to water.”

Grandma Agnes Baker Pilgrim
Chairperson of the International Council of Thirteen Indigenous Grandmothers
We are water - water makes up 99% of our molecules
Bathing is a key to wellness and connection

Hot Spring bathing is the basis for the oldest and most sustainable place based enterprise. Bathing is a fun, pleasurable, peaceful, social, multicultural and multigenerational activity that links diverse cultural, religious and spiritual traditions and plays a critical role in ensuring good health, dignity, confidence and comfort.

Bathing including sanitary practices such as washing the body, face and hair, along with handwashing and cleansing practices after toileting and menstruation play a vital role in preventing and controlling disease.
Physiological changes with hot and cold bathing

- Mental resilience and focus
- Exercises vascular smooth muscle
- ↓ pain & inflammation
- ↑ detoxification and elimination
- ↑ metabolism and burning white fat
Can we bathe the world?

Bathing offers global health benefits beyond any pharmaceutical, vaccine, or any other medical technology.
Profile of Dean Ah Chee

Dean Ah Chee, Wati, Traditional Man, Senior Cultural Ranger for Irrwanyere Aboriginal Corporation, (IAC), Ranger for the Department of Environment, Water and Natural Resources, of South Australia, born in Alice Springs under a tree near some old Railway Cottages. Dean now works in Witjira National Park, S A, where he is a Traditional Owner and a Native Title Claimant. He is a Yankunytjatjara Pitjantjatjara man, Lower Southern Arrentre man, and Wankanguru man, through his Grandfathers and Grandmothers Traditional Cultural Lore/Law and Customs. He is an Executive Member of Irrwanyere Aboriginal Corporation which is in Co-Management partnership with the Department of Environment, Water and Natural Resources, of South Australia. Dean was selected be the Senior Elders to be the Aboriginal Cultural Ranger for Irrwanyere Aboriginal Corporation. He was also selected by the one of the National Parks and Wildlife, Regional Conservators to be their Aboriginal Ranger.

Dean is a director of the Walka Wani Aboriginal Corporation, who has traditional connections to the Anangu Yankatjatjara/Pitjantjatjara people in the APY Lands, and the Wankanguru people in the Simpson Desert. He is a traditional elder - Chilpie, with relations living in most parts of Australia.

Dean has been involved with the negotiations and meetings for Witjira National Park since 1975 and signed off on the agreements. He is a warden for DEWNR as well as an aboriginal heritage Inspector which finds him in the middle of two lores/laws. Dean carries out his duties according to traditional lores/laws and the co-management plan of Witjira National Park.
Witjira National Park is located in the Southern Central area of Australia, on the Western edge of the Simpson Desert.

Witjira National Park covers 7770 square kilometres, and the area is covered in Aboriginal material this is thousands of years old.

As one of his Elders, Mr Bingy Lowe, said to him, ”We are in the middle of Kwatye, (water), it is all around us, we have to look after this place”.

Witjira National Park is the home of the Lower Southern Arentre People who have shared this part of the land with other neighbouring tribal groups.

The Water or Healing Springs provides them with many spiritual connections to the land, it is their lifeblood which they need to survive.
The name of this Spring is Irrwanyere, in Lower Southern Arrentre Aboriginal language it means HEALING WATERS.

This is the only main Spring in which visitors can swim. The Irrwanyere Aboriginal Corporation and the Department of Environment, Water and Natural Resources of South Australia, don’t want any more damage done to the rest of the other Springs in this fragile area.

This Spring is part of the Aboriginal Dreamtime Stories that criss-cross in Witjira National Park.
The Rainbow Serpent Spring

This Spring is situated 300 meters West of Irrwanyere Spring. There is a walking trail for visitors to follow with signage and Interpretation. This is part of controlling visitors of further damage to these Aboriginal sites.
Inudtjura Springs
Agkartja, Old Man, Spring The Rainmaker

Aboriginal people lived in this area for thousands of years as evidence shows around this Spring.

There have been Surveys and Recordings done by Travis Gotch, Travis was the GAB Springs Officer for the South Australian Arid Lands Resource Management Board.
The Mother Spring is part of the Rain Makers Cycle, Tulkupa, and this Dreamtime Story starts from Dalhousie Springs in Witjira National Park South Australia.

This Spring is one of the main stories for the Lower Southern Arrentre people, and other surrounding tribal groups who are connected to this story.

The Kwatye, (water) is very precious to the Aboriginal people and has been with them since the beginning of the Dreamtime.
Inudtjura Springs

This spring is the Katja Spring, No. 1 Boy Spring, meaning son, is part of the Rain Makers Cycle, Tulkapa.

He travelled from Inudtjura area the Rainmakers site across the Simpson Desert towards Birdsville in Queensland. He met other Rain Makers on this journey. This story starts from Dalhousie Springs complex where there are over 80 springs.

At this site there are thousands of stone chippings, which is evidence of Aboriginal occupation before white settlement.

This is part of the Aboriginal Dreamtime Stories that criss-cross Witjira National Park.
World Bathing Day & Bathe the World

Petition the United Nations to declare June 22\textsuperscript{nd} World Bathing Day
Please sign the petition at bathetheworld.org

Bathe the World 2020 – An event where people from all nations will bathe together. Hosted by the world’s oldest culture, at the largest hot spring on earth, situated in the remotest location, on the driest continent.

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